



October Counseling Newsletter

HELLO FAMILIES!

I am Mrs. Adair, the school counselor. We have several upcoming events this month, and hope your student will want to be a part of them. This month, I gave students in grades 1-4 the option to eat lunch with me to "meet & greet" the counselor. We played get-to-know-you games, and had fun eating lunch together. I am enjoying meeting new students and having lunch with friends from last year. Feel free to contact me aadair@aledoisd.org or 817-441-5103

IMPORTANT DATES

- October 6- Pax Comfort Dog Visit
- October 6- Picture Day & Flu Shots
- October 7- Kindergarten & 1st grade Hand-Washing Presentation
- October 17-28- BOO Grams on sale in cafeteria 7:15-7:30. Cost: \$1
- October 24-28- Red Ribbon Week
- October 27- Pax Comfort Dog Visit
- October 31- Mobile Dairy Unit Presentation for Kindergarten & 1st Grade

SPECIAL EVENTS

- Red Ribbon Week Spirit Days:**
- Y.O.L.O- You only Live Once: Be Drug Free**
 - Monday, October 24- "Red out against drugs". Wear Red.
 - Tuesday, October 25- "Team up against drugs" Wear your favorite team jersey/shirt
 - Wednesday, October 26- "I would be CRAZY to do drugs". Wear crazy socks or mismatched clothes
 - Thursday, October 27- "Give drugs the boot". Wear your boots/western wear
 - Friday, October 28- "Put a lid on drugs". Wear a hat. Please bring \$1 to wear a hat to school. Proceeds benefit the Heavenly Hats program.

GUIDANCE FOCUS

This month our guidance Focus is "SAVE the day, and be a friendship hero." Students will identify ways to be a friend, and learn conflict-resolution skills.

ASCA Standards:

PS:A2.2, PS:A2.6, PS:A2.8

KINDERGARTEN & 1ST GRADE- We will read a story, The Legend of Spookley the Square Pumpkin, create our own square pumpkins, and think of ways to be a friendship hero.

2ND GRADE- Students will create their own Friendship Superhero and discuss how to solve a friendship problem

3RD AND 4TH GRADE- Students will create a "Superhero Skills" Spinner game to apply to conflict scenarios

